

Summer Pole Camp 2019

Sun 16.06.2019	Mon 17.06.2019	Tue 18.06.2019	Wed 19.06.2019	Thu 20.06.2019	Fri 21.06.2019	Sat 22.06.2019	Sun 23.06.2019
<i>Arrival</i>							<i>Departure</i>
		09.30 - 11.00am Interesting Combo's Heidi Coker (Int-adv)	09.30 - 11.00am Pole'iginality Heidi Coker (All Levels)	<i>Beach Shooting</i>	09.30 - 11.00am Signature Tricks Amy Hazel (Advanced)	09.30 - 11.00am Floor 2 Pole Transitions Heidi Coker (Int - adv)	
	10.30am Welcome Aperero @ Beach Bar	11.15 - 12.45am New to Pole Heidi Coker (Begin/Int)	11.15 - 12.45am Easy Flips become Wow Janine Hollung (Int. - adv)	<i>Beach Shooting</i>	11.15 - 12.45am Dynamic Movements Janine Hollung (Advanced)	11.15 - 12.45am Signature Combos Amy Hazel (Int - adv.)	
		13.00 - 14.30pm Vorbereitung Show Auftritt für Teilnehmer Claudine Bellefleure	13.00 - 14.30 pm Vorbereitung Show Auftritt für Teilnehmer Claudine Bellefleure	<i>Beach Shooting</i>	13.00 - 14:30pm Stretching / Flexibility Wiebke Schröder (All Levels)	13:00 - 14:30pm Stretching / Flexibility Wiebke Schröder (Alle Levels)	
		<i>Privatstunden vor Ort buchbar</i>	<i>Privatstunden vor Ort buchbar</i>	<i>Beach Shooting</i>	<i>Privatstunden vor Ort buchbar</i>	<i>Privatstunden vor Ort buchbar</i>	
	15.00 - 16.30pm Signature Tricks Amy Hazel (Advanced)	16.00 - 17.30pm Lyrical Pole Routine Amy Hazel (Int - adv)	16.00 - 17.30pm Exotic Pole Routine Amy Hazel (Int-adv)	<i>Katamaran - Ausflug</i>	16.00 - 17.30pm Pole Conditions & Injury Prevention Heidi Coker (All Levels)	16.00 - 17.30pm Tricks and Combos on Static Janine Hollung (Int. - adv)	
	16.45 - 18.15pm Signature Combos Amy Hazel (Int - adv)	17.45 - 19.15pm Tricks and Combos on Static Janine Hollung (Int. - adv)	17.45 - 19.15pm Pole Condition Wiebke Schröder (All Levels)	<i>Katamaran Ausflug</i>	17.45 -19.15pm Lyrical Pole Routine Amy Hazel (Int - adv)	17.45 - 19.15pm Triple Pole Wiebke Schröder (All Levels)	
	8pm Dinner for all @ Restaurant Garbi		ab 9.30pm White Party & Shows (Pool Bar) Dresscode: White			8pm Dinner for all @ Restaurant Garbi	



Motto Partys,
Dinner & Fun

Es stehen pro
Workshop 10 Poles
zur Verfügung

Privatstunden
können beim Aperero
gebucht werden